

Patient Assessment tool: PQRST

Action	Observation What Went Well?	Observation Even Better If?
<p>Provokes or Palliates: What were you doing when the pain started? What seems to trigger it?</p> <p>Quality/Quantity What does it feel like? Use words to describe your pain</p> <p>Region/Radiation Where is the pain location? Did it start elsewhere?</p> <p>S=Severity scale Scale 0 to 10</p> <p>T= Timing What time did it start? How long did it last? Is it sudden or gradual?</p>		

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