

## Health, Assistance, and Nursing

### Urinary catheterization Sims preparatory work



#### **Situation**

You are a SLPN in a surgical unit. You are caring for Anne Simson, a 39-year-old female who is one day post-operative after having undergone an abdominal hysterectomy.

#### **Background**

Mrs. Simson had recurrent and increasing episodes of vaginal bleeding and pain due to uterine fibroids over the last 5 months.

#### **Assessment**

12:00 Vital signs were assessed 1 hour ago at 11:00, and all were within normal range. The patient rated pain at 7 out of 10 and was given oxycodone 5 mg orally also at 11:00. She has not been able to urinate since her catheter was removed 4 hours ago, at 8:00, although she has been offered oral fluids to promote this.

#### **Recommendation**

A few minutes ago, you assisted her to the toilet, but she was unable to void. However, the patient still feels the urge to urinate. You will proceed with the prescribed Urinary catheterization.

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#### Learning objectives

- Perform a urinary system assessment on the patient.
- Recognize the need for urinary catheterization.
- Explain procedures to the patient using appropriate communication.
- Perform the correct steps for urinary catheterization using sterile technique.
- Administer oral medication.
- Perform the PQRST and gather appropriate data on pain.

#### In preparation for the Sims

1. Review the topics provide via the links in the above scenario.
2. Review your catheterization checklist.
3. Research and make drug cards for:
  - Acetaminophen
  - Ibuprofen
  - Oxycodone
4. Review the case study and MAR found in the Teams channel "SIMS" in files [Sims urinary catheterization](#)

Looking forward to a fun day of simulation training...

As Dwight says...

**"People learn in lots of different ways, but experience is the best teacher." 🤔🤔🤔 PowerPoint is boring!!**

<https://www.youtube.com/clip/UgkxbP3OTBmt2zN6cH-j8g3r3a1FTrFS1pcy>

